

Using Headings in Microsoft Word

Step 1

Position the text cursor on the line of text that will be a heading. This formatting will apply to the entire line of text.

Introduction|

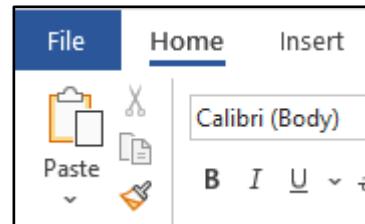
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Step 2

Near the top of the window, select the **Home** ribbon.

OR

Press **ALT + H**.



Step 3

In the **Styles** group, select the heading style.

OR

Press **L** and then use the **LEFT** and **RIGHT** arrow keys to navigate and **ENTER** to select the heading style.

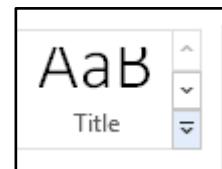


Step 4

To view more styles, such as subheading levels, select the arrow near the bottom right of the styles list to expand it.

OR

Press **ALT + DOWN ARROW** to expand the styles list, then use the arrows to navigate.



Step 5

To adjust the font styles and colours of a heading, **right click** on the heading style and select **Modify** from the context menu.

OR

Press **SHIFT + F10** or the **APPLICATION** key on the heading style to open the context menu, then press **M** to select **Modify**.

